

Following the journey of the UDAYA adolescent cohorts

Migration pattern among UDAYA cohort*

As many as nine out of 10 UDAYA participants in UP and eight out of 10 UDAYA participants in Bihar continue to reside in the villages and wards in which they were interviewed in the first round in 2015-16. Even so, some 12-17% of them have migrated to locations within or outside their state in the last three years.

A larger number of older (15-19 years) than younger (10-14 years) boys and girls have migrated to other locations in the last three years. In Bihar, for example, one in five older boys compared to one in eight younger boys have migrated.

Similar proportion of boys and girls have migrated during the inter-survey period. Boys have moved more often into locations outside than within their state, while a reverse pattern was observed among girls. In Bihar, 13% of older boys have out-migrated to other states in India, while 7% have migrated to within-state locations. In comparison, among unmarried girls aged 15-19, while just 4% have out-migrated to other states, as many as 18% have made inter-district movements.

Adolescents in Bihar are somewhat more mobile than their counterparts in UP – one in six versus one in eight.

Delhi topped among the most-sought after destinations for adolescents from both Bihar and UP. Gujarat, Haryana, Maharashtra and Rajasthan are other states to which noticeable number of adolescents from UP have migrated. On other hand, adolescents from Bihar have migrated to many more states – Gujarat, Haryana, Jharkhand, Karnataka, Maharashtra, Punjab, UP, and West Bengal.

* Findings are based on the place of residence reported at the time of follow-up interview

Launched in 2015, the UDAYA study aims to understand the situation of adolescents with a focus on understanding the extent to which younger and older adolescents have acquired assets that can help them make a healthy, safe, and successful transition from adolescence to young adulthood in the states of Bihar and Uttar Pradesh. UDAYA assesses the factors that determine the accumulation or loss of assets and the quality of transitions from adolescence to young adulthood. It provides important baseline indicators against which the long-term impact of programs may be measured, and evidence-based decisions may be taken.

A team of **80+ young field researchers** travelled **across Bihar and Uttar Pradesh (UP)** over the last **9 months** to re-interview the **20,000+ strong UDAYA cohort of adolescents** after a three-year gap. They re-interviewed over 80% of them so far.

This month's update gives a snapshot of their migration experiences.



UDAYA data sets contain additional information about adolescents' living arrangement at each age since the age of 10, migration, reasons for migration and temporary mobility

Get in Touch

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